SUPPORTING A LIFE IN RECOVERY

The Substance Abuse and Mental Health Services Administration (SAMHSA) has identified four major dimensions that support a life in recovery:

1. **Health**: Overcoming or managing one’s mental health and/or substance use condition(s) or symptoms. For everyone in recovery, this means making informed, healthy choices that support physical and emotional well-being.

2. **Home**: Having a stable and safe place to live.

3. **Purpose**: Participating in meaningful daily activities, such as a work, school volunteering, taking care of family, or creative projects. Developing independence, income and resources that help someone be a part of society.

4. **Community**: Having relationships and social networks that provide support, friendship, love and hope. CCS is dedicated to helping all individuals who participate in our programs succeed in each of these areas.

FOR MORE INFORMATION PLEASE CONTACT OR VISIT

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Comprehensive Community Services (CCS)

WHAT IS THE COMPREHENSIVE COMMUNITY SERVICES (CCS) PROGRAM?

Comprehensive Community Services (CCS) is a voluntary psychosocial rehabilitative Medicaid program for eligible residents (children and adults) of Milwaukee County. CCS focuses on helping people who have a mental health and/or a substance use diagnosis on their journey to recovery. Those who qualify for CCS work with care coordinators to design a recovery plan of their choice. Individuals can choose from a wide range of services. The CCS Program provider directory is available online at milwaukee.gov/CCS. The services are intended to help individuals:

- Improve health
- Promote wellness
- Achieve personal goals
- Enhance overall quality of life

IS CCS THE RIGHT CHOICE?

Start by having the individual answer the following questions:

- Does the individual have Medicaid?
- Is the individual coping with a mental health and/or a substance use disorder?
- Does the individual (or their family, if the individual is a child) want help?
- Is the individual (or their family, if the individual is a child) ready to work with someone to develop a recovery plan and actively participate in the goals and services they choose?

If the individual answered “YES” to the questions above, CCS may be a good choice for them.

HIGHLIGHTS OF CCS

CCS offers a variety of unique rehabilitative services, including peer support, supported employment, nutritionists, and wellness activities such as yoga and meditation. More traditional services such as psychiatry, psychotherapy and medication management are also available. For a full list of services available, please visit the provider directory at milwaukee.gov/CCS.

- CCS participants are empowered to self-direct their own care and path to recovery.
- Individuals can be co-enrolled in Family Care and CCS.
- CCS serves any individual with a mental health or substance use diagnosis, regardless of any other condition that they may also have.

ARE THERE CCS LIMITATIONS TO BE AWARE OF?

Yes. It is important to know the following:

- Children currently enrolled in the Wraparound program cannot be enrolled in CCS at the same time.
- If the individual is seeing a therapist who is not in the CCS network, he/she will need to switch to a CCS network therapist. A list of CCS network therapists is available in the “Psychotherapy” section of the online provider directory at milwaukee.gov/CCS.
- Individuals who are in a Partial Hospitalization Program or an Intensive Outpatient Program not within the CCS network cannot enroll in CCS while attending these programs.
- CCS is a voluntary program. As such, CCS care coordinators are not responsible for monitoring the individual’s program.