Outpatient Mental Health Clinic

A Program of Wisconsin Community Services, Inc.

Quality Lives with Recovery Services

Mental illnesses such as schizophrenia, bi-polar disorders, schizoaffective disorders and major depression are neurobiological disorders that respond well to treatment. With recovery-based services, individuals can live quality lives in the community.

The outpatient services offered at the Clinic aims to enhance our participants’ motivation in achieving their goals to lead fulfilling and meaningful lives.

“The quality of our life, the quality of John’s life has been enhanced a hundred-fold. We couldn’t do it without the Clinic and its staff available 24 hours per day.”

-A participant’s family member

The success of the WCS Mental Health Outpatient Clinic has been recognized and honored by others:

• Awarded the Professional Service Agency Award by NAMI Wisconsin.
• Highlighted by the National Institute of Justice as a model for other jurisdictions.
• Recognized by the Ford Foundation and John F. Kennedy School of Government at Harvard University for providing innovative programming and new approaches to pressing social needs.

The programs and services of the Outpatient Mental Health Clinic are programs of Wisconsin Community Services.

Wisconsin Community Services, Inc. (WCS) is a 501(c) 3 non-profit service agency that has worked with high-risk individuals both inside and outside of the criminal justice system for over 100 years. WCS operates its programs throughout southeastern Wisconsin.

The mission of WCS is to advocate for justice and community safety, providing innovative opportunities for individuals to overcome adversity.

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Funding for Clinic Programs

CSP, TCM and CCS services are funded through a combination of United Way support, a contract with the Milwaukee County Behavioral Health Division, private donations, and billing medical insurance.

“Know me as a person. Not by my mental illness. We improve and recover. We are major contributors to American life. We deserve dignity and respect.”

-SAMHSA
WCS Outpatient Mental Health Clinic

The WCS Outpatient Mental Health Clinic hosts participants from the three case management programs, CSP, TCM and CCS. At “the Clinic” participants find themselves becoming part of a community as they spend time among friends who understand them. Recovering with mental illness often brings many challenges. The Clinic provides support, encouragement, and hope for our participants. The Clinic offers numerous services that allows each participant to regain more control in their recovery.

While at the Clinic, participants can play checkers and take part in other fun activities.

The Clinic has been providing quality outpatient mental health services since 1978. The Clinic is licensed as an Outpatient Mental Health Clinic and as a Community Support Program by the State of Wisconsin. Three case management programs are located at the Clinic along with important ancillary services such as benefit acquisition, crisis services, pharmacy services, and support groups.

The mission of the Outpatient Mental Health Clinic is to provide quality services that promote recovery and empower Clinic participants to become full and equal members of the community.

**“The Clinic is like family. I’ve come a long way and I’m maintaining a normal life.”**

-A Clinic participant

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**Case Management Programs**

**Community Support Program (CSP)**
The CSP works with participants with serious and persistent mental illness using the Assertive Community Treatment (ACT) model. ACT is an intensive team-based approach for community mental health service delivery. A multidisciplinary team provides participants time-unlimited services, stage-wise interventions (treatment based on the participant’s needs/wants), individual and group therapy, and other interventions to promote health.

A Clinic participant gets his blood pressure checked by a Clinic nurse.

**Targeted Case Management Program (TCM)**
The TCM offers clinic-based and community-based case management models to serve their participants. The clinic-based model works closely with the participant to ensure medication adherence, coordination of services utilizing the Clinic providers, and close monitoring of their needs. The clinic-based model also maintains a strong collaboration with the criminal justice system. The community-based model provides their participants with service coordination utilizing community resources, monitoring and guidance to help the participant achieve their goals. The TCM serves a variety of participants engaged in recovery.

**Comprehensive Community Services (CCS)**
Comprehensive Community Services (CCS) provides continued recovery services for individuals further engaged in their recovery. With CCS, we’re with the consumer for as long as the consumer needs us to be, assisting in attaining the consumer’s life’s goals. With CCS, the consumer is the driver to their future destination.

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**Ancillary Services**

**Peer Support Services**
Each Clinic participant has access to a peer support specialist on staff at the Clinic who offers invaluable first-hand experience to others in their recovery.

**Harm Reduction Services**
Individual/group counseling specifically designed for individuals with co-occurring mental health and substance abuse.

**Support Groups**
Promotes healthy living by offering weekly groups on exercise, life skills, art, health/wellness and men’s issues.

**Family Support Group**
Monthly group provides support and education for family members of the participants in the Clinic case management programs.

**Pharmacy**
Two licensed pharmacists are on site to dispense medication and educate staff and participants on medication related issues.

**Benefit Advocacy & Financial Services**
Assists with benefit acquisition, budgeting and direct payment services at no cost to the participant.

**Housing**
Locates safe and affordable housing utilizing low-income housing programs while also maintaining a large electronic database of local landlords.

A Clinic participant takes a Life Skills class.

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A Clinic participant takes his blood pressure.

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